

## **A HAPPY MAN** **Psalm 1**

### **Introduction:**

- 1. Everybody wants to be happy!**
- 2. The first Psalm tells us how to be happy.**
- 3. “Blessed” includes more than happiness.**
  - a. The original word is plural: “Blessednesses to the man” conveys the idea of one blessing heaped upon another.**
  - b. It is deep inner joy not tied to outward circumstances.**

### **Discussion:**

#### **I. WHO IS THE BLESSED MAN (1-3)?**

- A. He is a man; therefore he is subject to sickness, sorrow, trouble, and temptation as all of us are.**
- B. The blessed man is careful of the company he keeps (1 Cor. 15:33).**
  - 1. He does not walk in the counsel of the ungodly.**
    - a. The ungodly are not necessarily atheists or immoral.**
    - b. They may be good parents, neighbors, and citizens.**
    - c. They simply have no time for God in their lives.**
    - d. The Rich Fool was such a man (Lu. 12:15-21).**
  - 2. He does not stand in the way of sinners.**
    - a. To sin is to “miss the mark” of God’s law (1 Jn. 3:4).**
    - b. Sinners live for worldly pleasures (1 Jn. 2:15-17).**
    - c. Lying, stealing, drinking, fornication and adultery are acceptable to sinners.**
    - d. Christians “put to death” these things (Col. 3:5-10).**
  - 3. He does not sit in the seat of the scornful.**
    - a. The scornful are those who ridicule the idea of God and belittle those who believe in Him.**
      - 1) Ted Turner called Christians “losers.”**
      - 2) Many “intellectuals” deny God (Ps. 14:1).**
    - b. The Devil was the first scoffer (Gen. 3:1-5).**
    - c. There is a progression from walk to stand to sit.**
      - 1) “Vice is a monster of so frightful mien,  
As to be hated needs but to be seen;  
Yet seen too oft, familiar with her face,**

- We first endure, then pity, then embrace.”**
- 2) **The progression of sin is seen in Lot’s life (Gen. 13:12; 19:1; 30-38).**

**C. The blessed man delights in the law of the Lord.**

1. **To delight in something is to find joy and pleasure in it.**
2. **Christians delight in worshipping the Lord (Ps. 122:1).**
3. **God’s Word should be the delight of every Christian.**
  - a. **It is a message from our Father.**
  - b. **It keeps us from sin (Ps. 119:11).**
  - c. **It gives us understanding (Ps. 119:104).**
  - d. **It provides the light to guide us (Ps. 119:130).**
  - e. **It is the truth of salvation (Jn. 17:17; 8:32).**
  - f. **It is profitable for all spiritual needs (2 Tim. 3:16,17).**
4. **The blessed man meditates day and night on God’s Word.**

**D. The blessed man is “like a tree planted by the water.”**

1. **Such a tree would have a continuous supply of water.**
2. **It would bear fruit in season.**
3. **Christians must abide in Christ, the true vine (Jn. 15:5).**

**II. THE UNGODLY MAN IS NOT BLESSED (4-6).**

**A. He is like chaff which the wind blows away.**

**B. He shall not stand in judgment.**

1. **All will be judged at the Last Day (Acts 17:30, 31).**
2. **The righteous and the unrighteous will be separated (Mt. 25:31-46).**

**C. The Lord knows the way of the righteous.**

1. **“Know” is used in the sense of approval (cf. Mt. 7:23).**
2. **The ungodly shall perish (Jn. 3:16; Heb. 5:9).**

**Conclusion:**

1. **There are only two choices in life (Mt. 7:13,14; 7:24-27).**
2. **We must chose, but we have to accept the result of our choice.**
3. **The challenge of God to Israel is the same challenge we all face:**

**“I call Heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; therefore choose life that both you and your descendants may live” (Deut. 30:19).**
4. **Will you choose Jesus Christ (Jn. 14:6; Eph. 1:3; Gal. 3:26, 27)?**